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| --- | --- | --- | --- | --- | --- | --- |
| Reflection | Associated activities | Assessment | | Instructional strategies | Resources & material | Outcomes |
| tool | Strategy |
| I feel content with:    Challenges:    Suggestions for improvement: | Homework    Sing a song  Work sheets    Writing reports | Checklist  Rating Scale  Rubric checklist | Observation  Performance based assessment  Communication | Direct instructions  Group Work  Activity based  Learning  Presentation  Discussion  Direct questions | Students' books  Work books  Cassette  White boards | Students are expected to:  - Learn new words using pictures and act out the meanings of the words.  -Read and sing MY FATHER WORK song and answer questions  - Form one or more sentences about WHAT TO DO OR NOT TO DO to live a healthy life  - Read HEALTH AND FITNESS text and answer questions  - Practice SIMPLE PRESENT and IMPERATIVE SENTENCES |

Unit Title: 9 Pages: 42-46   
 Number of Classes: Duration: