

06

A new you

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LESSON 1B VOCABULARY AND GRAMMAR

Future arrangements and intentions

- 1 ★ Put the words in order to make questions and answers with *going to*.

1 a join the / gym / is / to / going / Ibrahim / too / ?

Is Ibrahim going to join the gym too?

b go jogging / to / going / too / he / yes / is

Yes, he's going to go jogging too.

2 a are / get / your hair / to / cut / when / going / you / ?

When you are going to get your hair cut?

b grow / am / long / to / going / it / I

I'm going to grow it long.

3 a look for / a new job / to / is / going / your brother / ?

Is your brother going to look for a new job?

b is / he / yes

Yes, he is.

- 2 ★★ Choose **A** for arrangement or **FI** for future intention.

1 Next week, we 're going to start (start) looking at holiday ideas. A / FI

2 I can't come tomorrow; Mum is cooking (cook) a special dinner for everyone. A / FI

3 Where are you meeting (you/meet) your group? A / FI

4 They are having (have) a test on Friday. A / FI

5 One day, I am going to run (run) my own business. A / FI

6 Bo doesn't like his hair. He is going to change (change) his look completely. A / FI

- 3 ★★ Using your answers from Exercise 2, complete the sentences with the correct forms of the verbs in brackets.

- 4 ★★ Complete the conversation with responses a-f.

Dana Are you looking forward to the charity event on Friday?

Eman Yes, I am. Everybody's doing something to help.

Dana What are you doing?

Eman ³c

Dana Wow! Is Lama making cakes?

Eman ²f

Dana What kind of cakes?

Eman ³a

Dana Who else is helping?

Eman ⁴e

Dana That sounds interesting! I'd like to see that.

Eman ⁵b

Dana Of course! I'm going to stay at Amani's for the night. We're going to tidy up.

Eman ⁴d

Dana No, Khawla and Nada are going to help too.

a I don't know. It's going to be a surprise.

b How about you? Are you doing anything to help?

c I'm organising the seating.

d Are you and Amani going to do that by yourselves?

e Asma and Heba are going to film it.

f Yes, she is. I asked her to.

5 ** Choose the correct forms to complete the sentences. Sometimes both forms are correct. **both are possible**

- 1 I ~~am meeting~~ / ~~am going to meet~~ some old friends next weekend.
- 2 My parents are losing / ~~are going to lose~~ weight next year.
- 3 We ~~aren't having~~ / aren't going to have a test next week.
- 4 I'm working / ~~re going to work~~ in a laboratory next year.
- 5 What ~~are you doing~~ / ~~are you going to do~~ next weekend?
- 6 When are you giving / ~~are you going to give~~ me my book back?

6 *** Complete the conversation with the correct future forms of the verbs from the box.

become buy do change get not eat
start take up

- Hussein I **'m going to take up** jogging.
Faisal Great. When **are you going to start**?
Hussein Next week. My parents **are going to buy** me a new pair of trainers at the weekend.
Faisal So, why did you make this decision?
Hussein I want to get fit.
Faisal **Are you going to change** your diet?
Hussein Yes, I **'m not going to eat** fast food – well, not much – and I **'m going to become** a vegetarian.
Faisal Great! Hey, **are you doing** anything this afternoon? We could go to the gym.
Hussein Sorry, I **'m getting/going to get** my hair cut at four o'clock. Maybe tomorrow.



LESSON 3B GRAMMAR AND VOCABULARY

Future predictions: *going to* and *will*

- 1 ★ Look at the picture. Complete the sentences with the correct future forms of the verbs in brackets.



- 1 Do you think he *will pass* (pass)?
 - 2 I'm sure his parents *will buy* (buy) him a car.
 - 3 He *will probably phone* (probably/phone) us when the test finishes.
 - 4 Oh dear! He *is going to crash* (crash).
 - 5 He *won't pass* (not pass) his test!
 - 6 The other driver *will be* (be) very upset.
- 2 ★★ Complete the dialogue with the correct future forms of the verbs in brackets.
- Ramzi This is a great charity event.
- Randa Yes. Do you think they *will be* (be) happy?
- Ramzi Who?
- Randa The organisers, of course.
- Ramzi I guess so.
- Randa Do you think they *will start* (start) looking for new volunteers?

Ramzi Yes, probably.

Randa Where do you think *they will look* (they/look)?

Ramzi They *will probably look* (probably/look) locally. Oh, my dad's calling us. That means we *are eating* (eat) soon.

Randa What kind of food *are we having* (we/have)?

Ramzi I'm not sure but there *will be* (be) a lot. Dad told me not to eat any breakfast today!

- 3 ★★ Complete the mini-conversations with the correct future forms of the words from the box.

I/probably/wait he/fly it/probably/be
it/rain it/stop she/say they/put on
sure/he/have you/invite you/start

Saeed Who *are you going to invite* to the street food festival?

Rashed My cousin probably, but I think *she'll say* 'No'.

Sana When *will you start* studying for your exams?

Nadia I don't know. *I'll probably wait* until the last minute as usual!

Huda Look at those people over there. *They're putting on* some kind of show. Do you want to watch it?

Ghada No. *It will probably be* boring. Let's go.

Hassan It's very dark this morning. I think *it's going to rain*. What about our camping holiday?

Laith Relax, it's only Monday today. I'm sure *it will stop* before the weekend.

Noura My brother is very excited because *he's flying* to New Zealand next week.

Salwa Really? I'm *sure he'll have* the time of his life there.

LESSON 5B VOCABULARY | Feelings and emotions

- 1 ★ Choose the words with the same meaning as the underlined parts in the sentences below.

1 Were you uninterested during the film?

a stressed b excited c **bored**

2 Mum was very pleased with her present.

a **delighted** b surprised c worried

3 Ali is very upset and miserable about losing his job.

a disappointed b **depressed** c amazed

4 I'd love to be unstressed like Fatima during exams.

a **relaxed** b worried c depressed

- 2 ★ Complete the sentences with the words from the box.

boring disappointed exciting exhausted worried

1 When Osama didn't get into the basketball team he was disappointed.

2 I didn't really like the book – it was really boring.

3 We liked the computer game because it was very exciting.

4 The boys stayed up all night and the next day were exhausting.

5 I couldn't find my wallet. I was really worried.

- 3 ★★ Complete the texts with the correct adjectives formed from the verbs in bold.

I went to see a new superhero film last week. My friends said it was **amazing** (AMAZE), but I have to say I was **disappointed** (DISAPPOINT). I found it quite **boring** (BORE) really. I prefer horror films. I like to feel **frightened** (FRIGHTEN) on the way home from the cinema!
Nawal, aged 20

My parents booked a package holiday last summer. They think package holidays are **relaxing** (RELAX) and **interesting** (INTEREST). I don't know why. I was **bored** (BORE) for most of the two weeks. How long can you spend lying in the sun? My parents were **surprised** (SURPRISE) when I told them that I didn't enjoy the holiday.
Maher, aged 16

- 4 ★★★ Write a short paragraph about two of the things and situations from the box and how they make you feel. Use adjectives from this lesson.

a book you don't like a film you really like
a subject at school getting a new haircut
meeting somebody new
something you do on holiday sports

LESSON 4B VOCABULARY

Vocabulary extension

- 1 Match the words from the box with the definitions.

depression disorder hormone
mood swings suffer from

- 1 A chemical produced by the body that affects our mood. hormone
- 2 To feel physical or psychological pain. suffer from
- 3 A feeling of being unhappy. depression
- 4 An illness or medical condition. disorder
- 5 Sudden changes in emotion, e.g. from happiness to sadness. mood swings

Pronunciation

ACTIVE PRONUNCIATION |

/θ/ and /ð/ sounds

In English, we pronounce *th* as /θ/ in *think* or /ð/ in *this*.



- 2 6.6 Listen and repeat.

/θ/ think /ð/ this



- 3 6.7 Look at these sentences from a podcast. How is *th* pronounced in the underlined words? Choose the correct phonetic symbol. Listen and check.

- 1 We often use weather phrases to describe a certain character trait or behaviour. /θ/ or /ð/
- 2 From the beginning of the autumn through to spring time. /θ/ or /ð/

- 4 6.8 Match the words from the box with the correct phonetic symbols. Listen, check and repeat.



clothes mathematics mother smooth
sunbathe toothpaste thrilled throw

/θ/ mathematics toothpaste thrilled
throw

/ð/ clothes mother smooth
sunbathe

- 5 6.9 Listen. How is the pronunciation of the word *the* different before a consonant sound and before a vowel sound? Practise saying the sentence.



From the beginning of the autumn through to spring time.

ACTIVE PRONUNCIATION |

/ðə/ and /ði:/ sounds

The word *the* is pronounced

- /ðə/ before a consonant sound (e.g. *the beginning*).
- /ði:/ before a vowel sound (e.g. *the autumn*).
- /ðə/ and not /ði:/ before a word beginning with *u* pronounced as /ju:/ (e.g. *the uniform*).

